

EAT NUTRIOUSLY!



Eat Food to Support Your Body

†

B

E

†

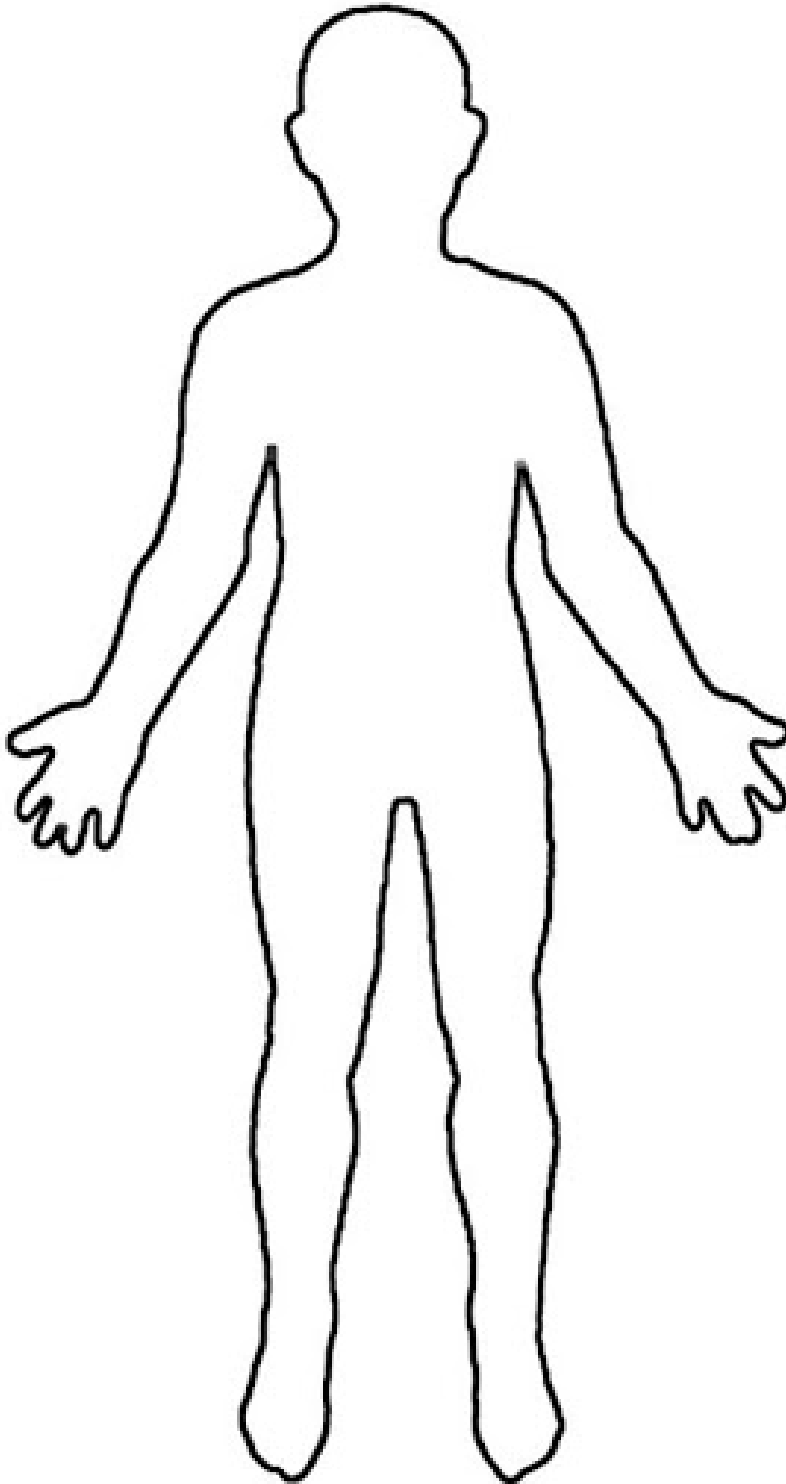
W

E

L

L

†



Brain - Walnuts



Cells - Onions



Eyes - Carrots



Ears - Mushrooms



Heart - Tomatoes



Breasts - Citrus



Heart/Lungs - Grapes



Stomach - Ginger



Kidneys - Kidney Beans



Pancreas - Sweet Potatoes



Ovaries - Olives



Uterus Avocado, Eggplant & Pears



Testes - Figs



Bones - Celery



Your Health Matters

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers (III John 2 NKJV).

